

How can I use the 'Users Guide to the Future' as a coaching tool?



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and
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SOLWorld 2019, Budapest, 24 May 2019

Outline for the workshop

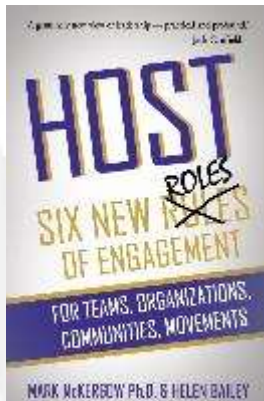
- Introduce the Users Guide To The Future (Mark)
- Coaching session to demonstrate (Peter)
- Reflection time
- Questions and discussion

User's Guide to the Future

“The horizon leans forward,
offering you space
to place new steps
of change.”



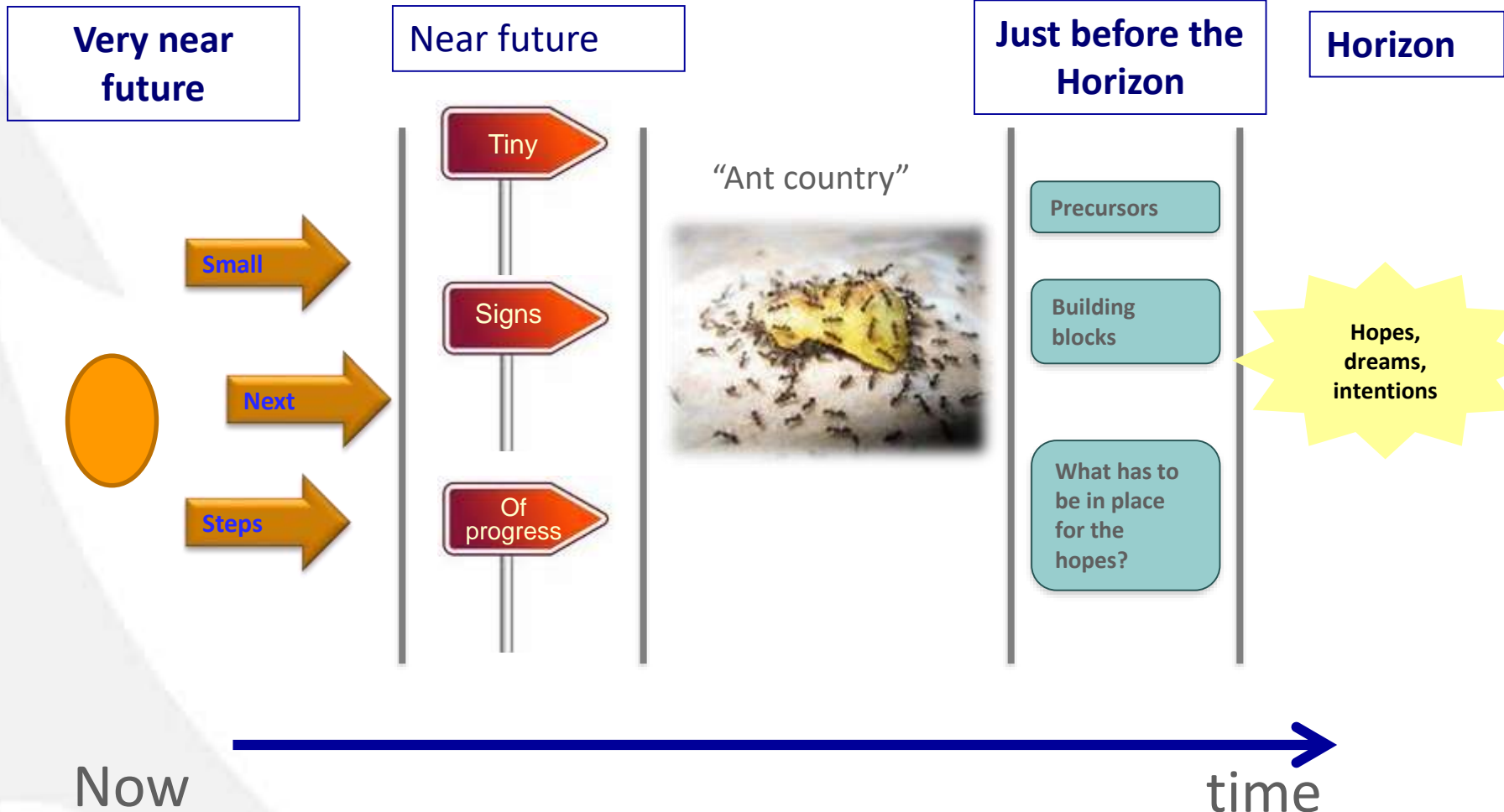
Maya Angelou, On the Pulse of Morning



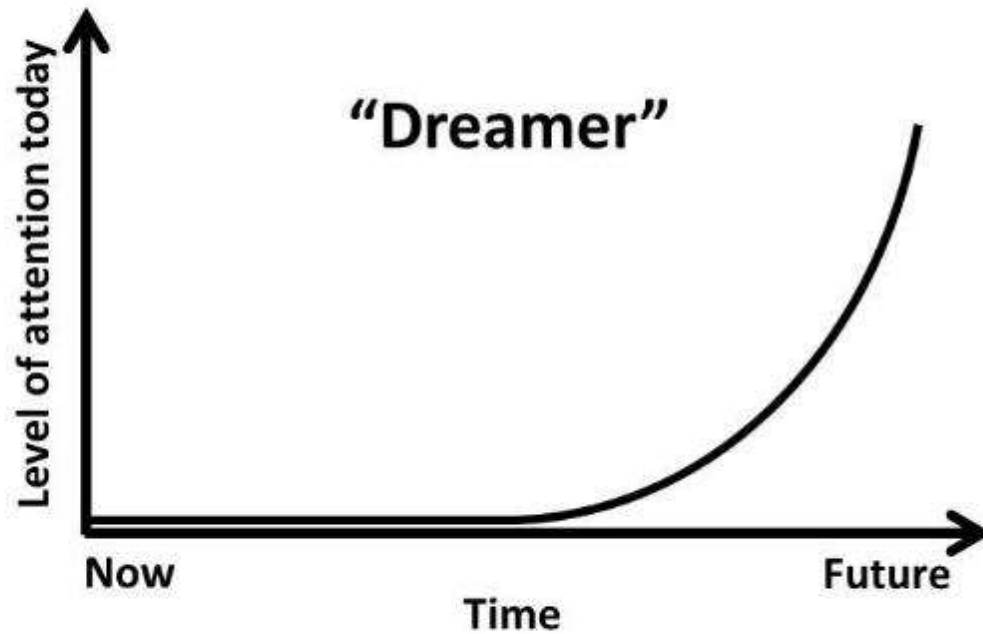
Looking into the future?...



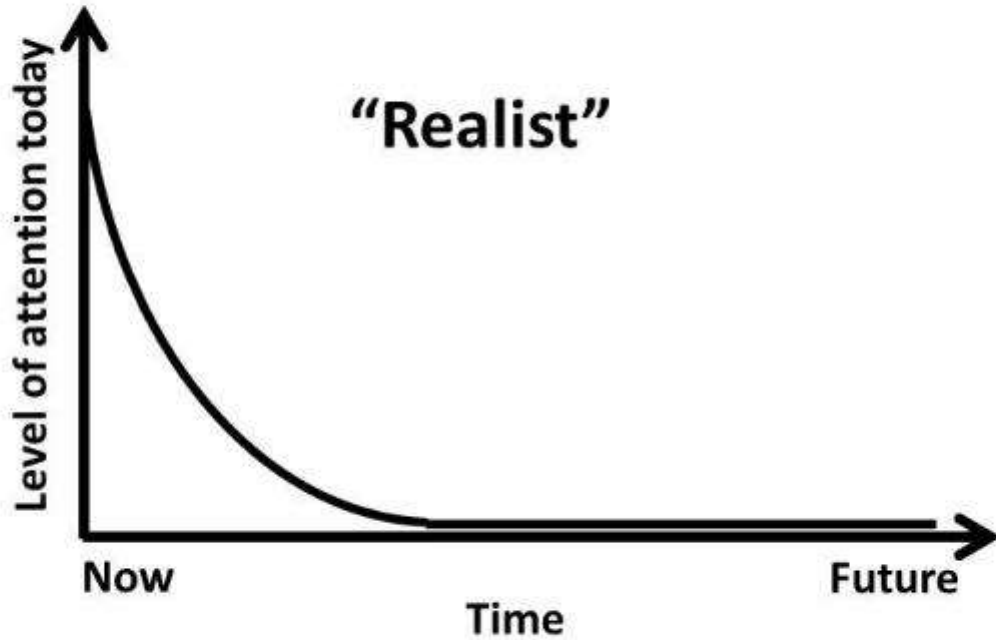
A User's Guide to... the Future



Ways to use the future: Dreamer



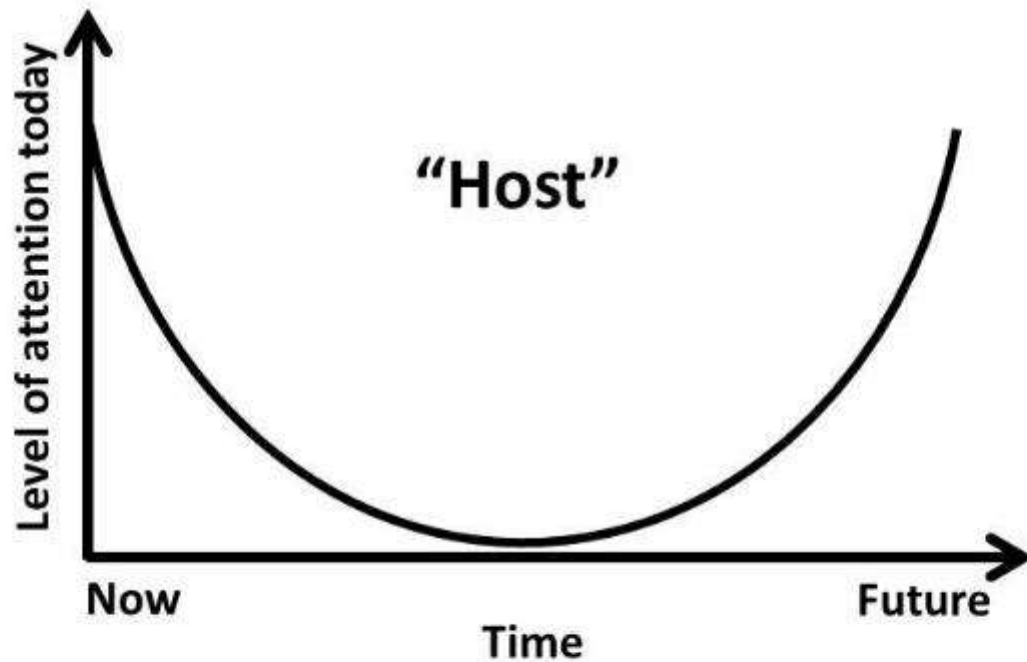
Ways to use the future: Realist



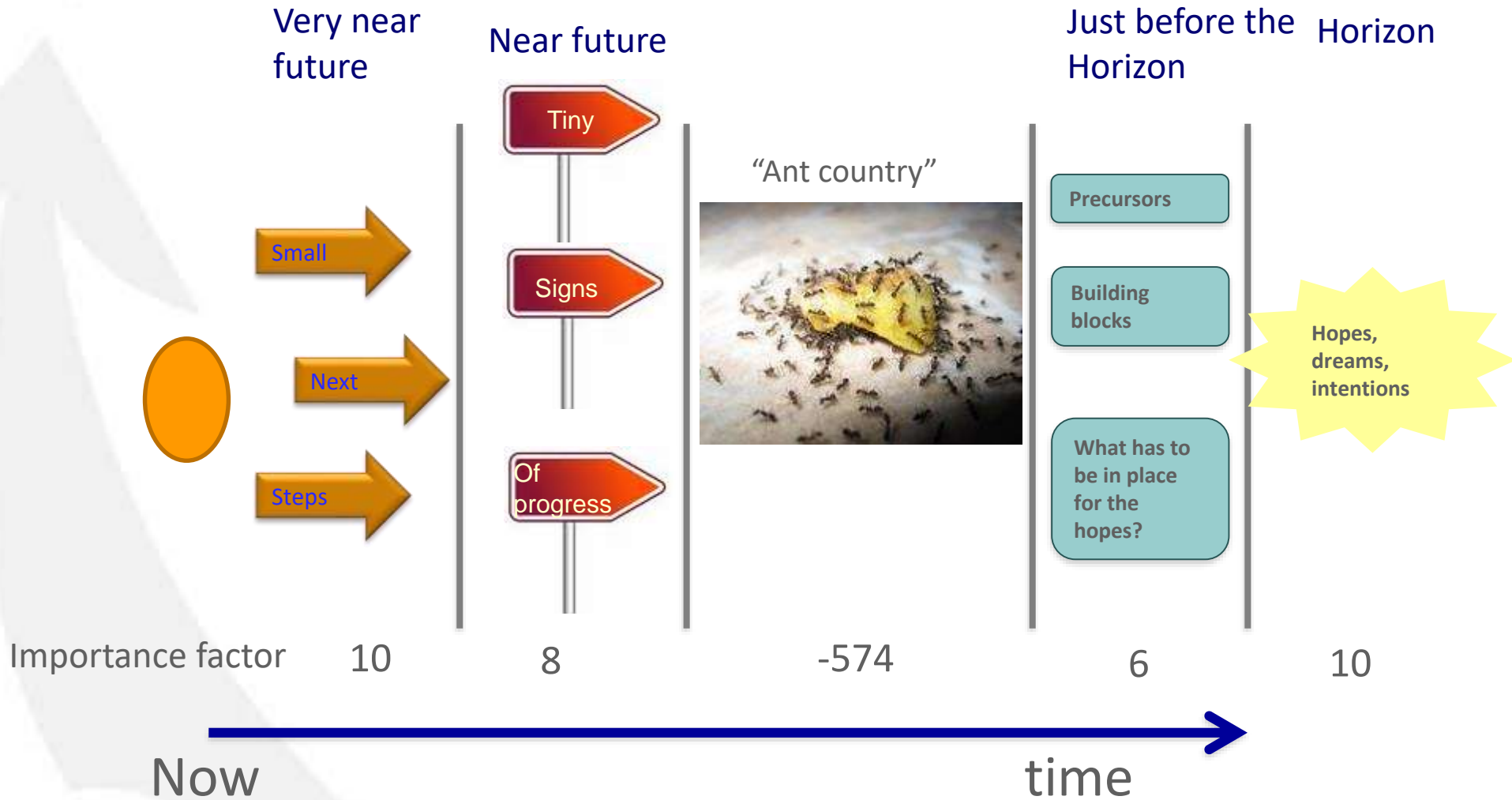
Ways to use the future: 'Business Planner'



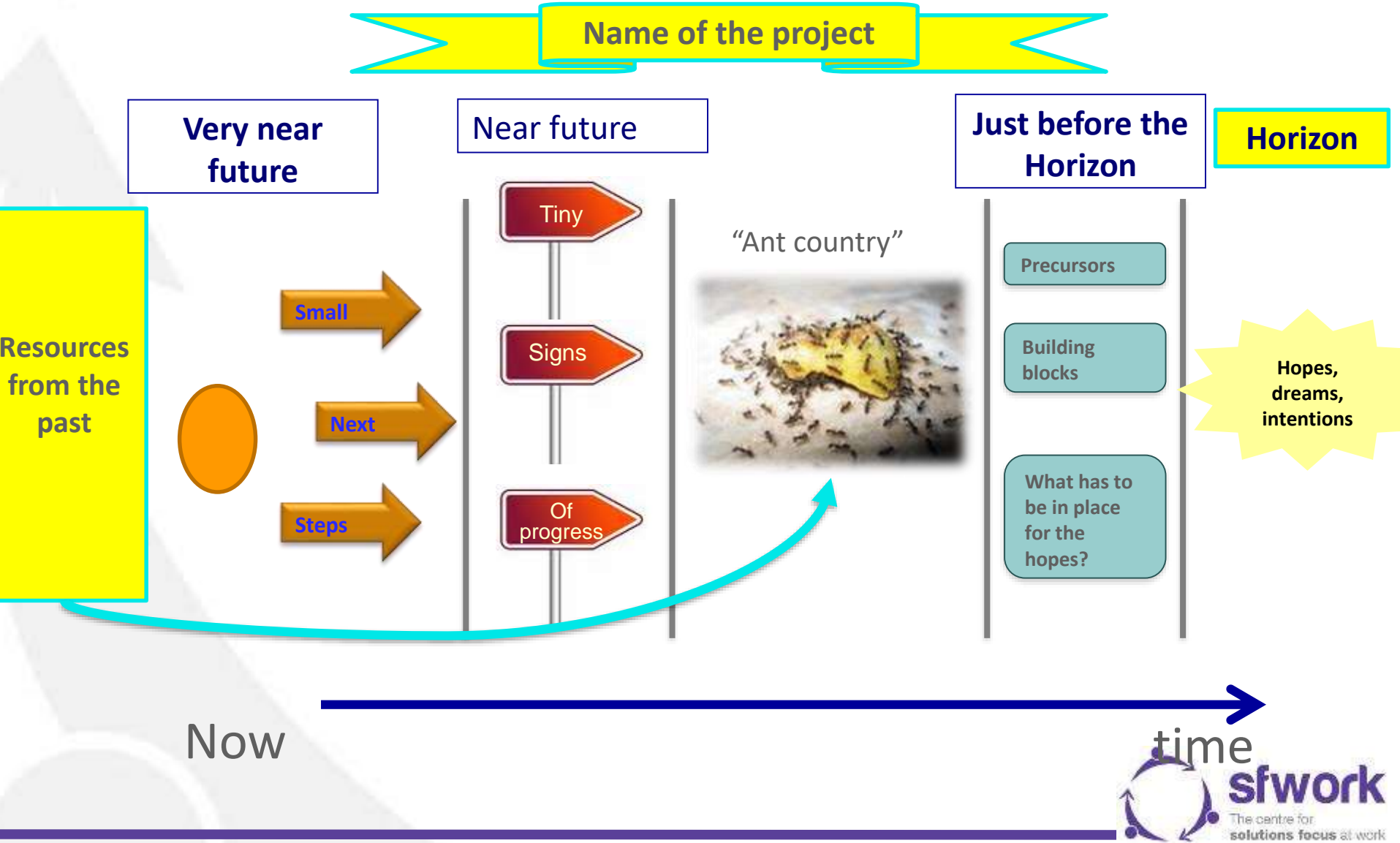
Ways to use the future: 'The horizon leans forward'



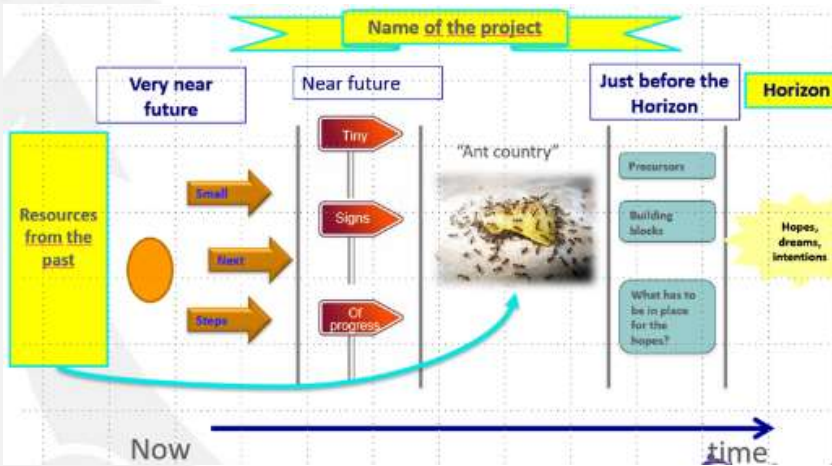
A User's Guide to... the Future



How can I use the 'Users Guide to the Future' as a coaching tool?



Coaching demonstration



Project Make Ukraine SF Horizon 2059

<p><u>Hopes/Dreams</u></p> <ul style="list-style-type: none"> * Business takes faster decisions with better quality ↳ must be aligned to development * Education - more motivated students, more confident, act * Ministries / local authorities 	<p><u>Resources</u></p> <ul style="list-style-type: none"> * Agents of change * Publications Promoting the idea ... * personal qualities (leader, good communicator ...) different languages cultures 	
<p><u>Precursors</u></p> <p>My energy</p> <p>Network Beliefs and Does</p> <p>Priority of the idea in society</p>	<p><u>Signs of progress</u></p> <p>Stays on the same level infect people with my energy</p> <p>numbers of people growing invitations - change in ...</p>	<p><u>Small steps</u></p> <p>being here ...</p>

Platform Building

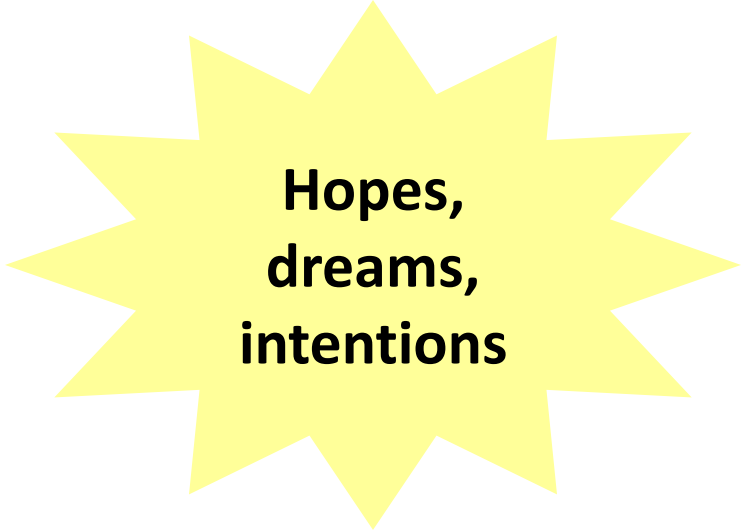
- What is the name of the project?
or
What would be a good name for it?
- What is your horizon?
When will the project probably be done?



Hopes, dreams, intentions

- What are you wanting to achieve?
- Suppose.... It all went perfectly... what would be happening?
- What difference would that make
 - To you?
 - To others?

Not necessarily a Future Perfect!



**Hopes,
dreams,
intentions**

Precursors, building blocks

- What needs to be in place for that to happen?
- What else?

Precursors

Building blocks

What has to be in place for the hopes?

Resources for the “Ant country”

- Which of your resources will help you to surmount difficulties on your way through the „Ant country“?



Tiny signs of progress



For each of the precursors:

- What will be the first tiny signs you are making progress?
- What else? (and what else...)
- What will be the first thing other people notice, that will be a sign of progress?
- What else?

Tiny

Small next steps

For each of the precursors:



- Given all that...



- What are the first small steps you can take, in the next 72 hours?



- What else?

- (If step is still big) And what would be a small step towards *that*?

Applying the User's Guide

- What are you wanting to achieve?
- What needs to be in place for that to happen?
 - What else?
- Which of your resources will help you to surmount difficulties on your way through the “Ant country”?
- What will be the first tiny signs you are making progress?
 - What else? (and what else...)
- Given all that...
- What are the first small steps you can take, in the next 72 hours?
 - What else?

Applying the User's Guide as a project review template

Project name		Horizon
Hopes, dreams, intentions		Resources
Check every few months		
Precursors	Tiny signs	Next steps
1		
2	Check every few days	
3		
4		
5		

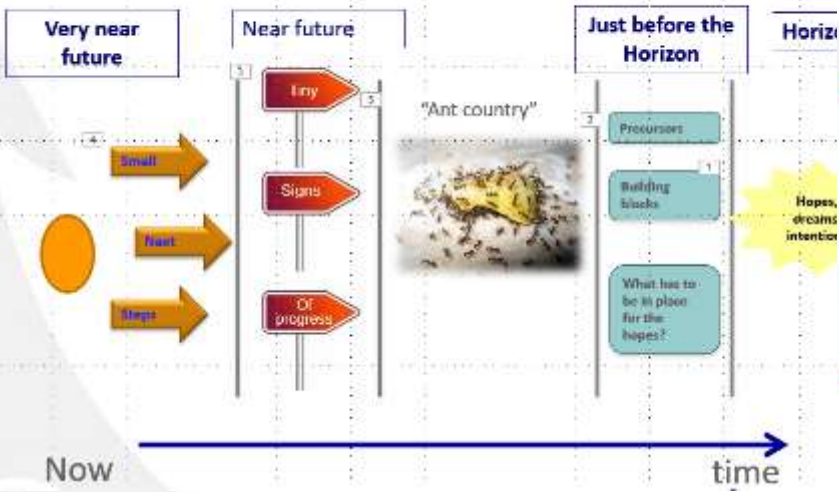
Reflection time – in 2s/3s

- What did you notice?
- What was useful for the coachee?
- What questions do you have?

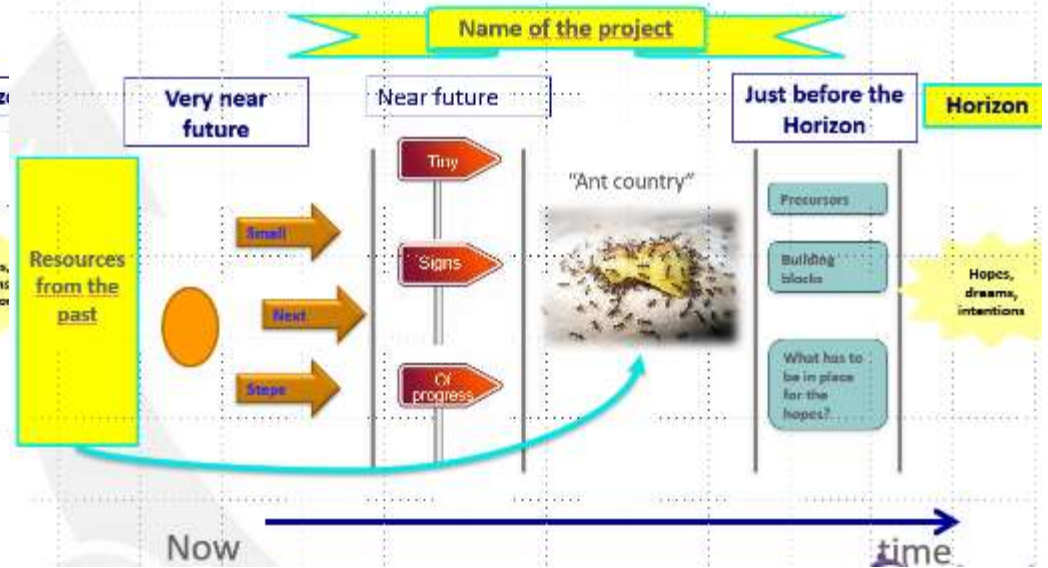


Questions and discussion

A User's Guide to... the Future



as a coaching tool?

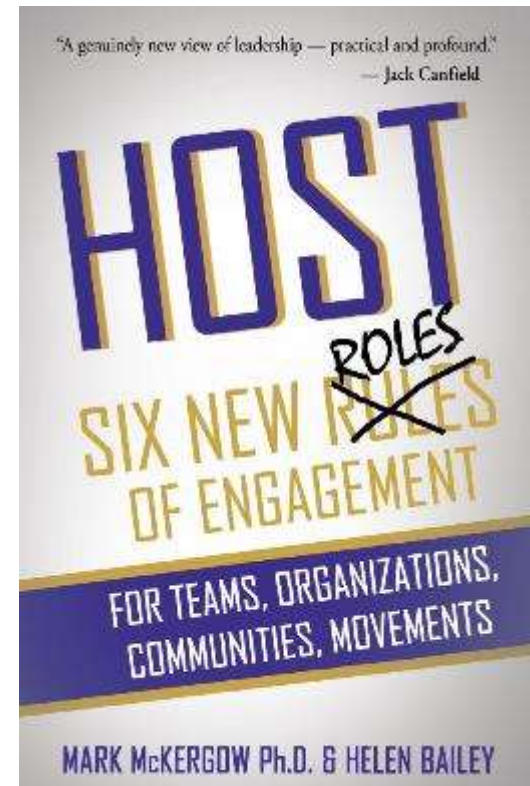


as a project review template

Project name		Horizon
Hopes, dreams, intentions		Resources
Precursors	Tiny signs	Next steps
1		
2		
3		
4		
5		

Interested to learn more?

- Mark's book *Host!*
- Mark's websites
sfwork.com
hostleadership.com
- Peter's websites
solution-tools.de
consultcontor.de



Thank you!