

'Here's What I did'



with

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the solutions
focus 

simplicity in a complex world

Solutions 4 Reading 2008 - 2011

- SF for wellbeing, working, efficiency
- 40 champions
- Meet Wendy
- SF in the Community



Reading Legal Services - 2021

- *‘Big restructure!’*
- *‘A lot of unhappy people!’*
- *‘We need SF’*
- *‘Help us build our team and develop our leaders’*

2021 - Today

- 2nd December 2021 – Team day
- 30th January 2022 – Team day
- July 2023 – SF Leadership Cohort 1
- November 2023 – Cohort 2
- June 2024 – Cohort 3
- April 2025 – Cohort 4

RBC Leadership programme

Day 5

- **Getting people into their resources**
- **Self identifying**
- **Evidence based**

Here's what I did...

- List 3 personal skills or qualities
- Tell a true story in which one of those was needed to do what you did
- Don't mention the skill or quality in the telling
- At the end of the story guess the pertinent skill or quality

Your Reflections

What's interesting, useful and
SF-like about this activity?





